



# September 2010

## Seton Catholic Elementary Schools

Lunch Price: \$2.50, Milk \$.50  
 Lunch includes entrée or alternate with a vegetable, fruit, and low fat - fat free milk.



### News

Please find us on the web at [www.hudson.edu](http://www.hudson.edu) under Nutrition Services for information about our lunch services.

Myschoolaccount.com is your source for viewing and payment for your students' lunch program.

Questions/Concerns?  
[faronm@hudson.edu](mailto:faronm@hudson.edu)  
 330.653.1205



### MONDAY



**6** Alternate of the Month:  
Cheeseburger on Wheat

No School

**13**

Mini Soft Tacos  
 Mexican Rice  
 Steamed Corn  
 Fruit Cup  
 LF/FF Milk

**20**

Mini Chicken Sliders  
 String Cheese  
 Veggies and Dip  
 Lunch Bunch Grapes  
 LF/FF Milk

**27**

Mini Ravioli  
 Mini Breadsticks  
 Veggies w/ Dip  
 Fruit Cup  
 LF/FF Milk

### TUESDAY

Alternate of the Month:  
Bosco RF Cheese Filled Breadsticks w/Marinara Dip

**7**

Pasta Marinara  
 w/Meatballs Garlic Bread  
 Side Salad  
 Lunch Bunch Grapes  
 LF/FF Milk

**14**

Macaroni & Cheese  
 Steamed Broccoli  
 Wheat Dinner Roll  
 Fruit and Yogurt Cups  
 LF/FF Milk

**21**

Picnic Day!  
 Hotdogs on Wheat  
 Baked Beans  
 Watermelon Slices  
 LF/FF Milk

**28**

Sloppy Scoops  
 (Sloppy Joe w/ Tostitos Scoops)  
 Side Salad  
 Lunch Bunch Grapes  
 LF/FF Milk

### WEDNESDAY

**1** Alternate of the Month:  
Chef Salad w/ Turkey and Cheese Grilled Cheese Veggies & dip Fresh Fruit LF/FF Milk

**8**

Baked WG Chicken Nuggets  
 Baked Tator Roundabouts  
 Fresh Fruit  
 WG Muffin  
 LF/FF Milk

**15**

Ham & Cheese Wraps  
 Pasta and Veggie Salad  
 Baked Beans  
 Fresh Fruit  
 LF/FF Milk

**22**

Baked Retina Marinara w/ Chicken Parmesan Bites  
 Side Salad  
 Fresh Fruit  
 LF/FF Milk

**29**

WG Chicken Tenders  
 Mashed Potatoes  
 Steamed Green Beans  
 Fresh Fruit  
 LF/FF Milk

### THURSDAY

**2** Alternate of the Month:  
PB&J Uncrustable Twisted Crust Cheese Pizza Side Salad Lunch Bunch Grapes LF/FF Milk

**9**

Cheese Pizza  
 Veggies w/ Dip  
 Fruit and Yogurt Cups  
 LF/FF Milk

**16**

Bosco Cheese Pizza Sticks w/Marinara Dip  
 Tossed Salad  
 Fresh Fruit  
 LF/FF Milk

**23**

Cheesy Bread  
 Veggie & Dip  
 Fruit and Yogurt Cups  
 LF/FF Milk

**30**

Cheese Pizza  
 Tossed Salad  
 Fresh Fruit  
 Yogurt Cups  
 LF/FF Milk

### FRIDAY

**3** Alternate of the Month:  
Baked Chicken Bites Sunrise Breakfast Muffin Baked Potato Smiles Fresh Fruit LF/FF Milk

**10**

Whole Grain Pancakes  
 Turkey Sausage Link  
 Fruit Cup  
 OJ  
 LF/FF Milk

**17**

Egg, Cheese, & Ham Burrito  
 Baked Potato Bites  
 Orange Smiles  
 LF/FF Milk

**24**

Whole Grain French Toast  
 Turkey Sausage Patty  
 Fresh Fruit  
 LF/FF Milk

Seton Specials:  
 Sept 1 - Cheese Pizza  
 Sept 8 - Turkey Subs  
 Sept 15 - Twisted Edge Pepperoni Pizza  
 Sept 22 - Cold Cut Subs  
 Sept 29 - Taco Pizza